

The Fates and Impact of Triclosan in the Environment

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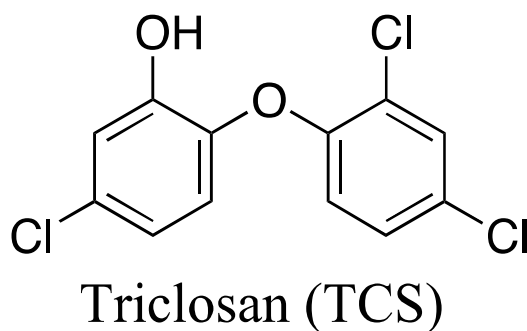
Johns Hopkins University, Bloomberg School of Public Health

THE BIODESIGN INSTITUTE

NACWA 2011 National Pretreatment and Pollution Prevention Workshop, May 19, 2011

This presentation contains information from three prior talks:

- (1) Halden, RU: 2011 Sustainable Chemistry & Human Health in the 21st Century.
U.S. EPA Emerging Chemicals Workgroup, April 6, 2011
- (2) Halden, RU: 2011 Dr. Leroy E. Burney Lecture at the Johns Hopkins University,
Johns Hopkins Bloomberg School of Public Health, March 3, 2011
- (3) Halden, RU: Congressional Briefing on Triclosan, Washington, DC, February 17, 2011



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- Triclosan: A Case Study of Unsustainable Chemistry and Our Antimicrobial Lifestyle
- Failed Public Health Protection
- Water, Soil and Air Pollution
- A Low-hanging Regulatory Fruit
- Conclusions



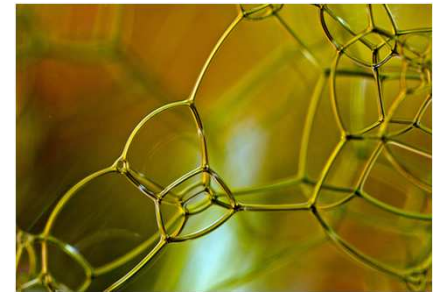
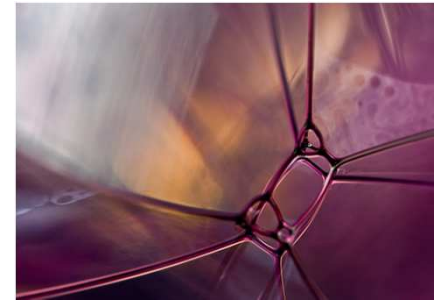


Is there a significant reduction in infectious illnesses?

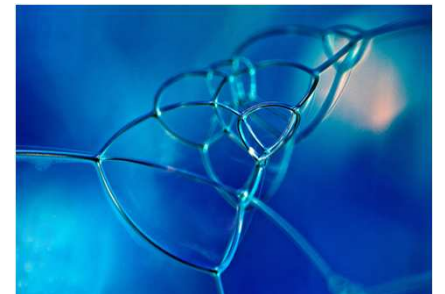
Meta-analysis of available studies

No significant benefit compared to plain soap

- Bacteria
- Illness symptoms



Echoes results of 2005 FDA Panel



Source: AE Aiello, 2011

TCS Susceptibility (Lab)

- Total of 11 studies since 1980
- Range of bacteria can survive high levels of triclosan
 - *E. coli*, *Salmonella*, *Pseudomonas aeruginosa*, *Staphylococci*, others
- Results
 - All demonstrated increased bacterial survival in triclosan
 - 7/11 cross-resistance to antibiotics
 - Isoniazid, ciprofloxacin, erythromycin, tetracycline

Source: AE Aiello, 2011

TCS: A Public Health Protection Failure

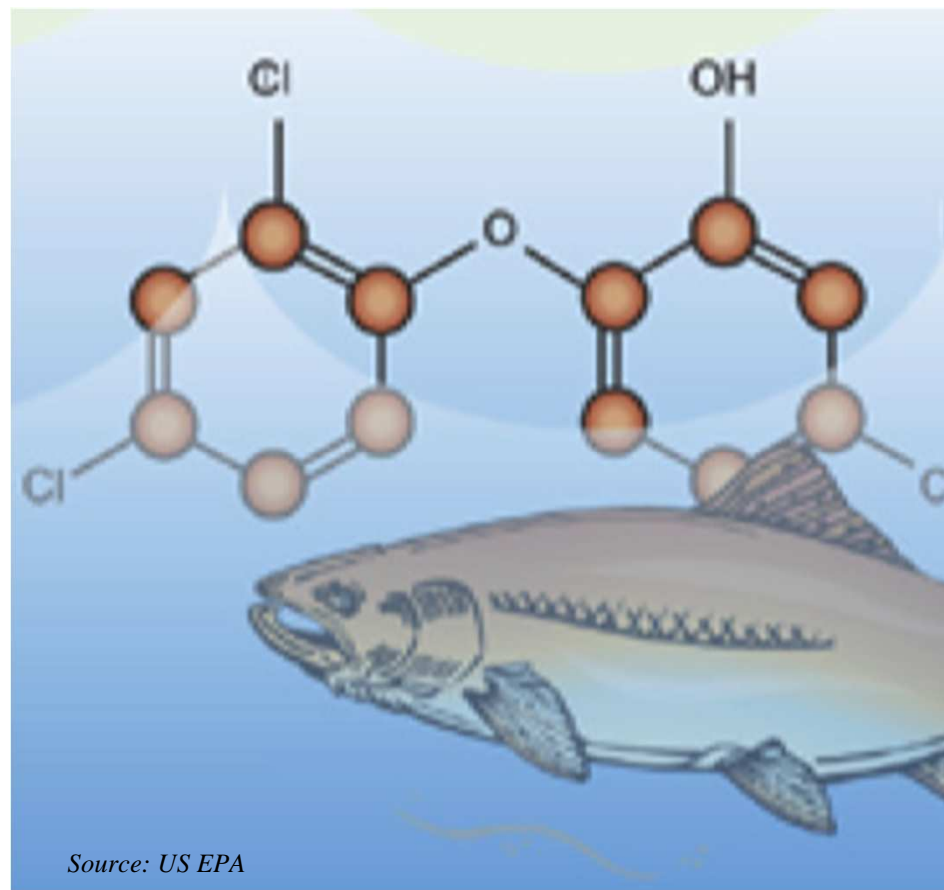
- 2005 FDA panel concluded that TCS offers no measurable benefit in common uses such as antimicrobial hand soap
- Widespread use of triclosan (TCS) has NOT lowered incident rate of infectious diseases
- TCS promotes cross-resistance to clinically important antibiotics
- TCS is an endocrine disruptor, allergen, bioaccumulates in humans and is detectable in human milk fat at ppm levels
- TCS is a major contributor to soil, water and air pollution

Contact Time

Key to understanding TCS ineffectiveness and toxicity



5 – 10 Seconds
(ineffective)

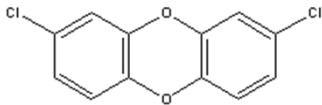


**Lifetime exposure, e.g., in
aquatic organisms (toxic)**

Known Environmental & Human Health Risks of Triclosan at a Glance

Degradates

(including chloroform)



Persistent
Environmental
Contaminant



Bioaccumulation

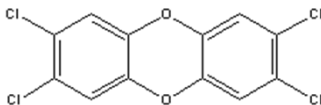


Triclosan

Endocrine Disruption

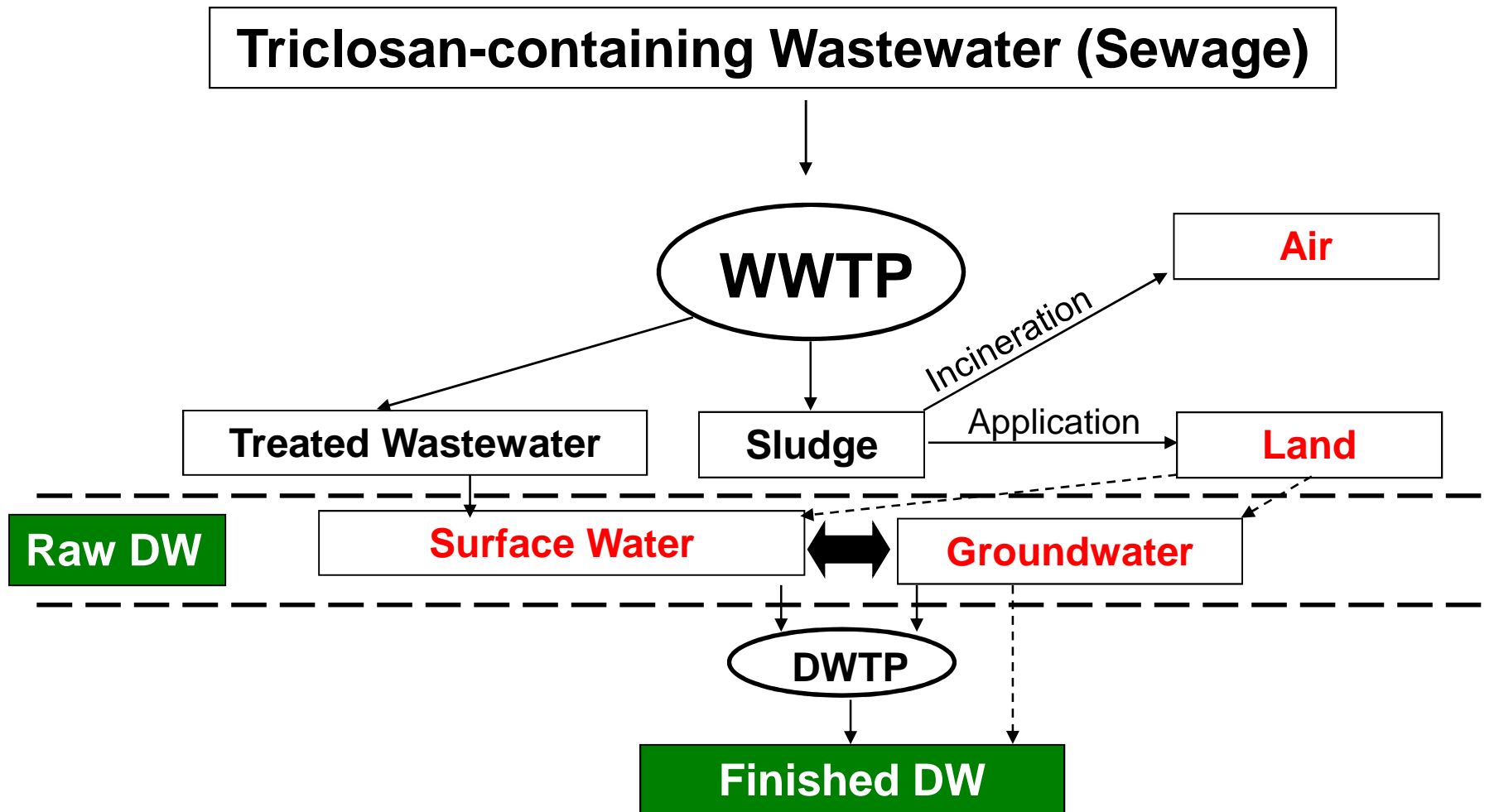


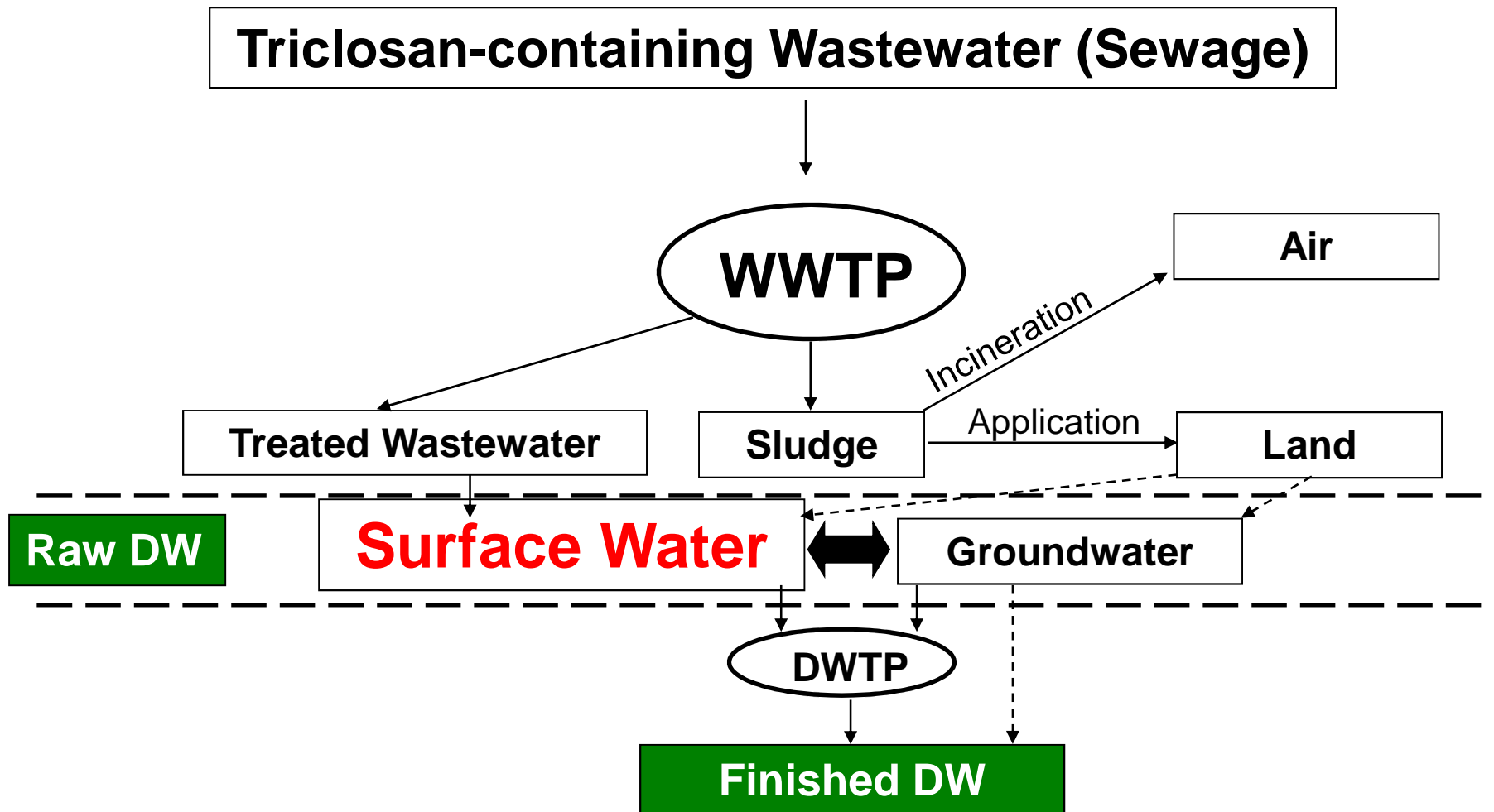
Impurities



Cross-resistance
to Antibiotics



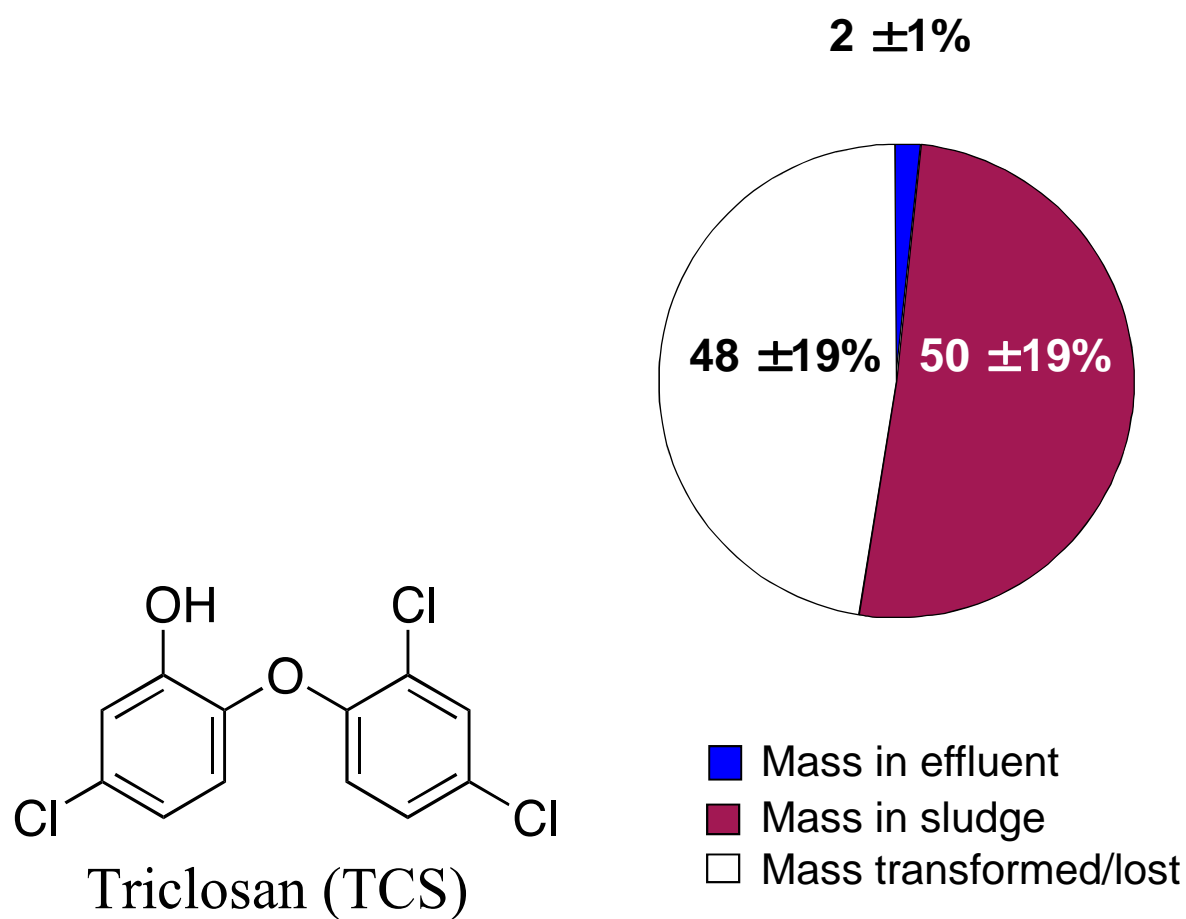




U.S. Wastewater Treatment Plant



Fate of Triclosan in Activated Sludge WWTP

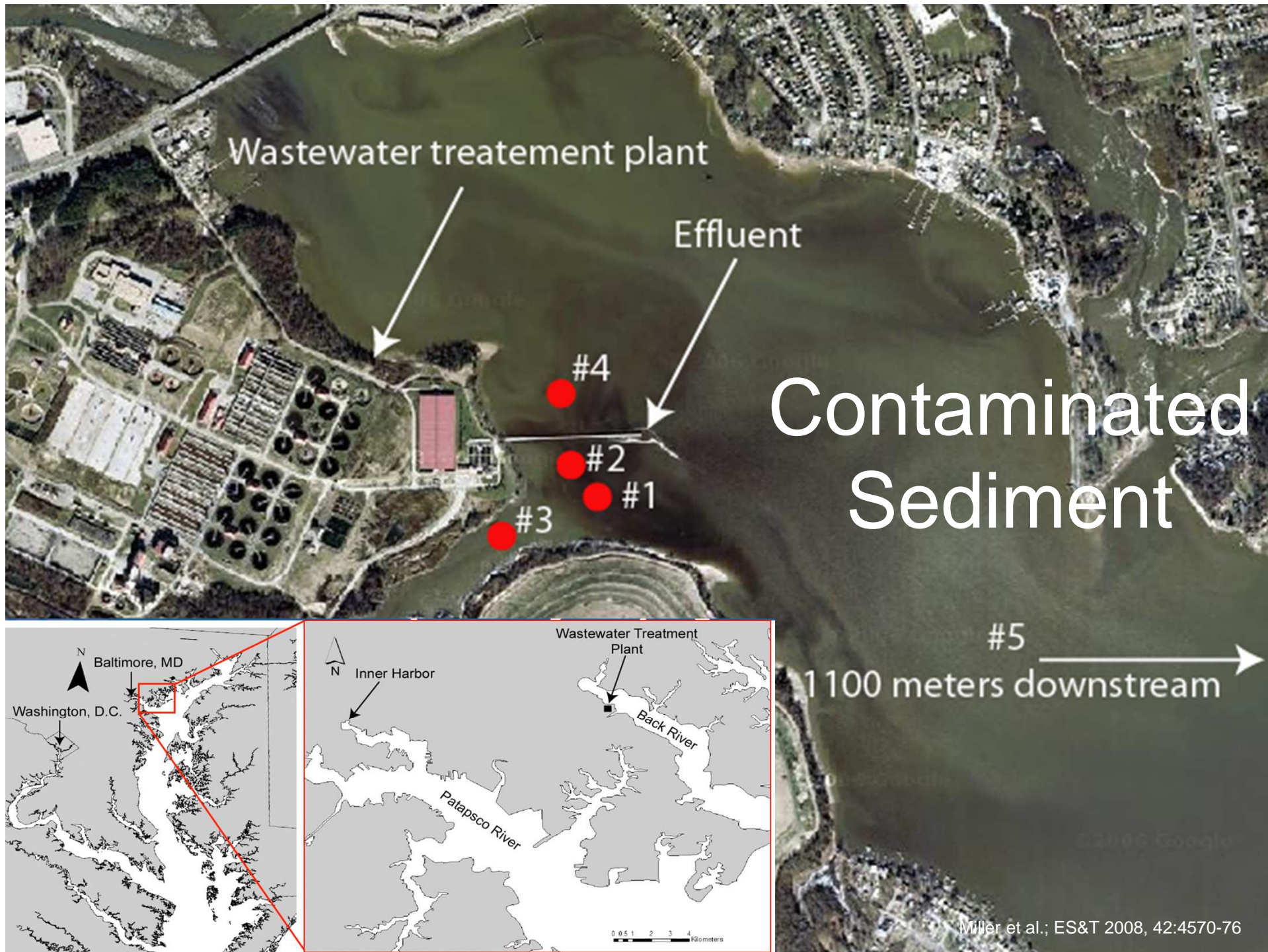


- Aquatic Occurrence
 - 58% of U.S. streams, GW, DW
 - Ocean water
- Bioaccumulation
 - Algae
 - Crustacea
 - Fish
 - Dolphins
- Endocrine Disruption
- Other Impacts
 - Behavioral changes
 - Immuno-toxic effects
 - Growth impairment

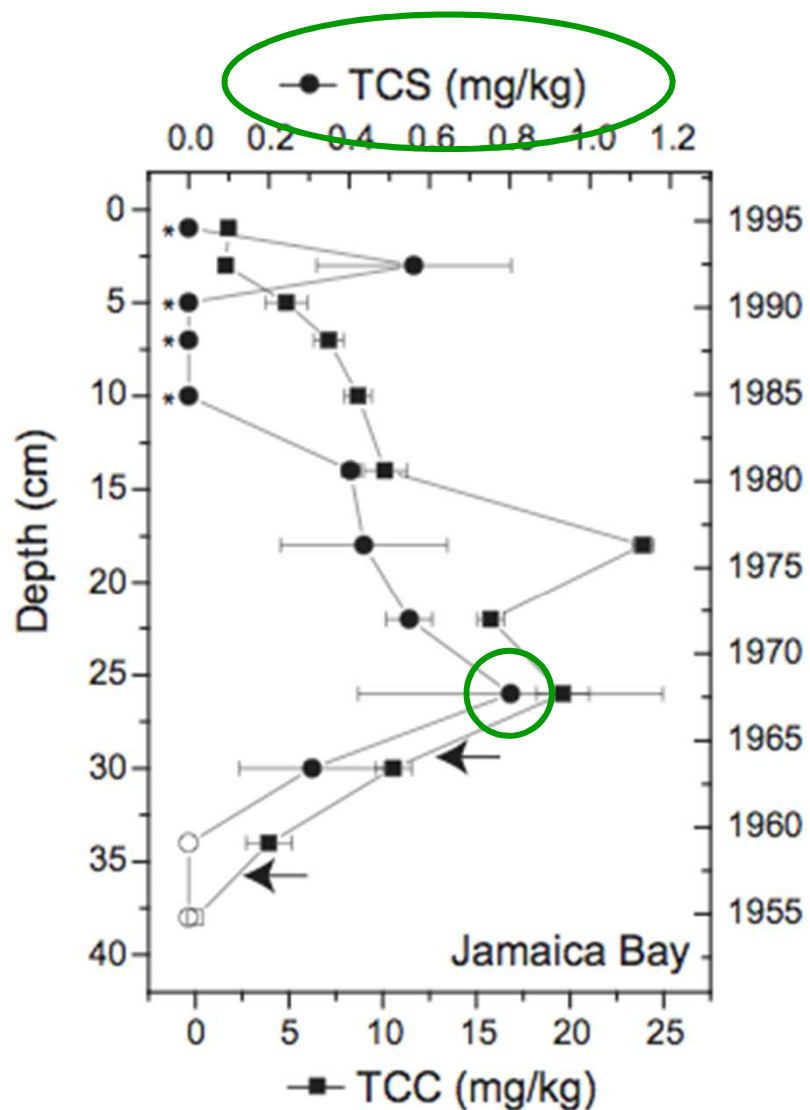


Chalew and Halden; J. Am. Water Res. Assoc. 45(1):3-13 (2009)

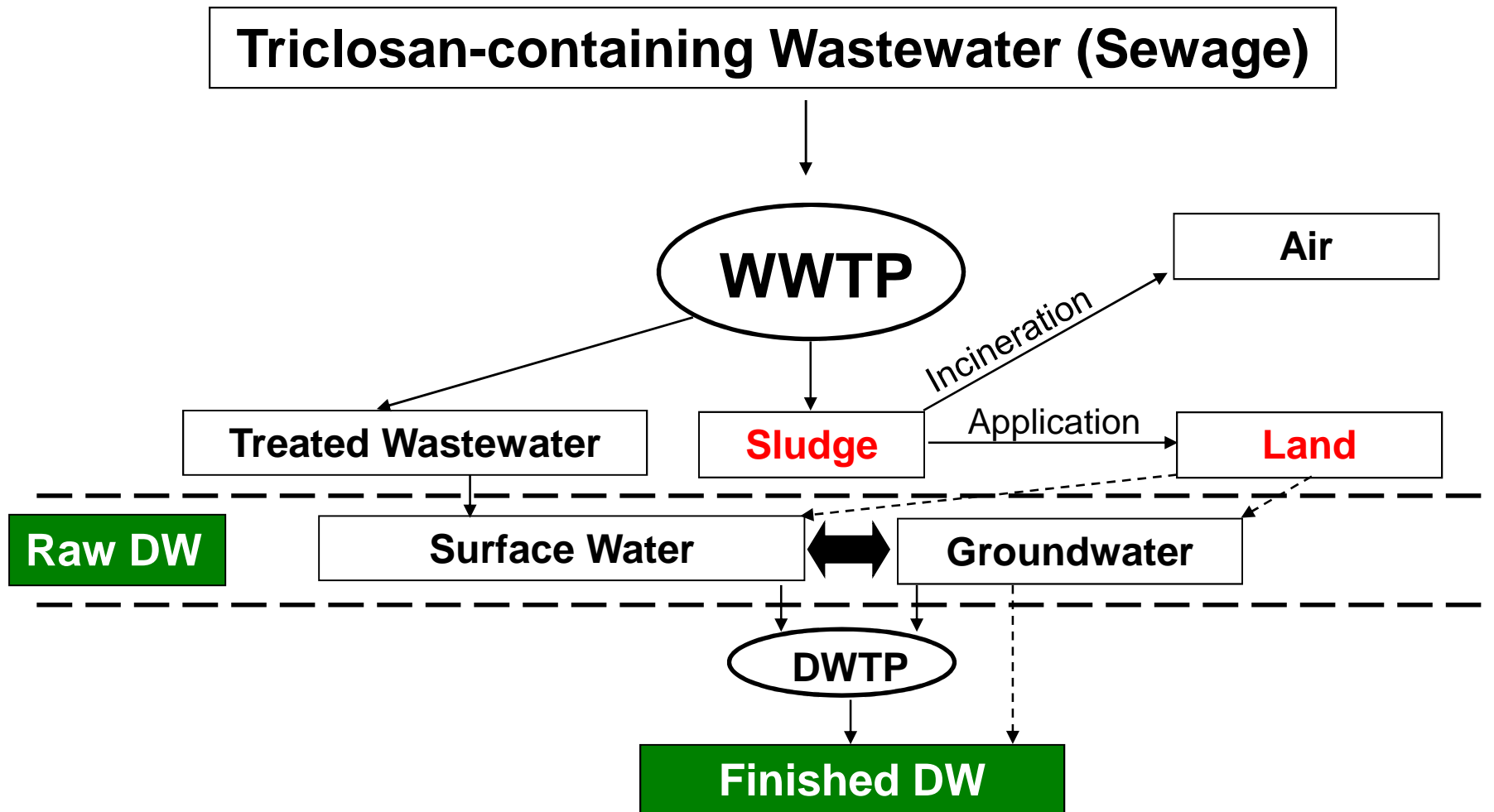
Source: <http://www.dolphinisc.com/images/Dolphin.jpg>



Occurrence of Antimicrobials in Aquatic Sediments

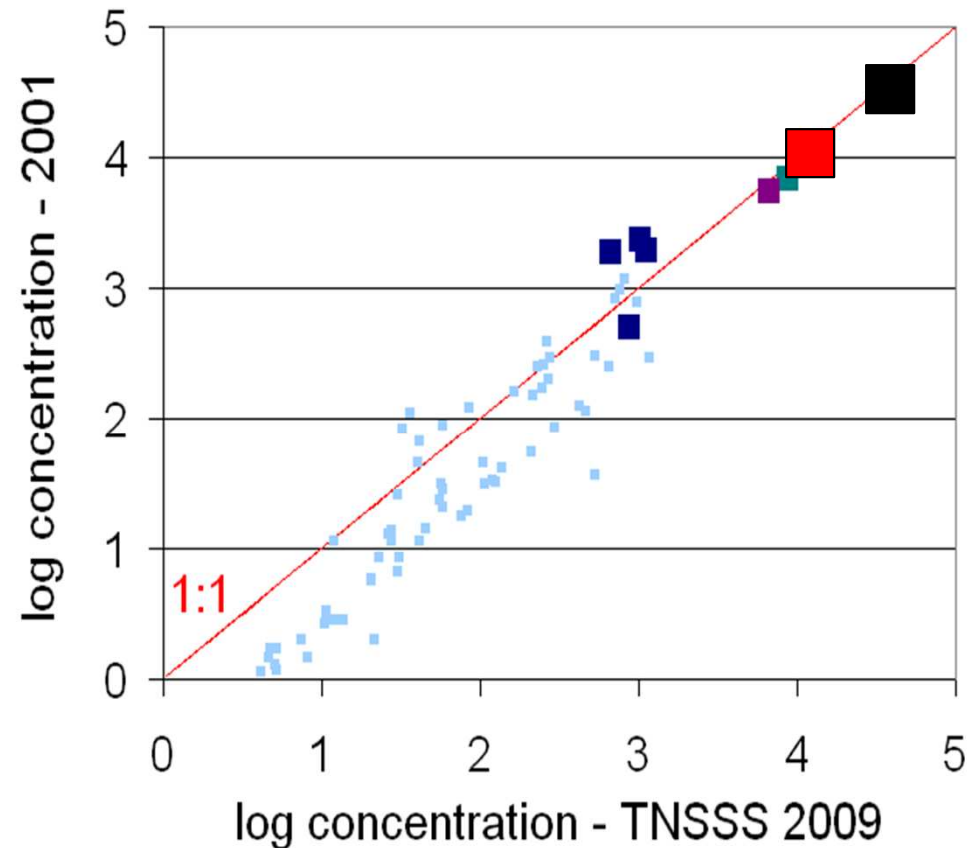


Triclosan used **45 years ago** is still present today in U.S. sediments



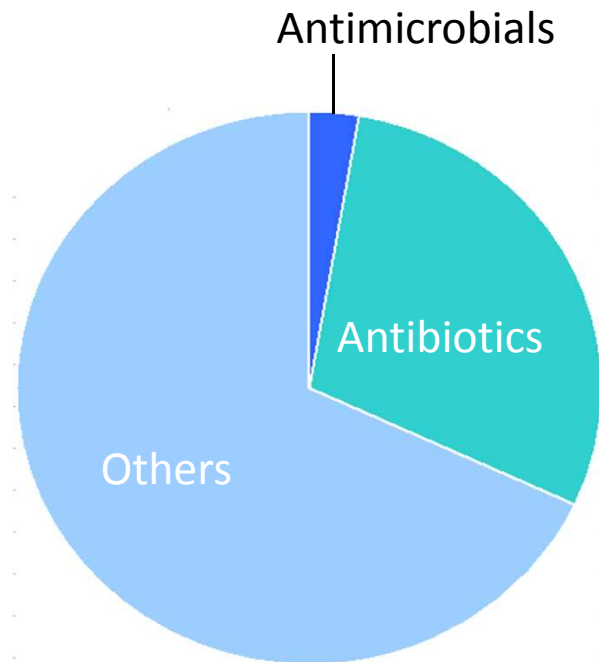
U.S. Sewage Sludge Survey

| | 2009 TNSSS EPA | 2001 EPA Samples (ASU) |
|--|-----------------------------|------------------------------|
| | Mean concentration [ppm] | |
| Triclocarban | 36 | 39 |
| Triclosan | 12 | 16 |
| Ciprofloxacin | 7 | 10 |
| Ofloxacin | 5 | 8 |
| Cimetidine, 4- Epitetracycline, Miconazole, Tetracycline | 0.5 – 2.5 | 1 - 2 |



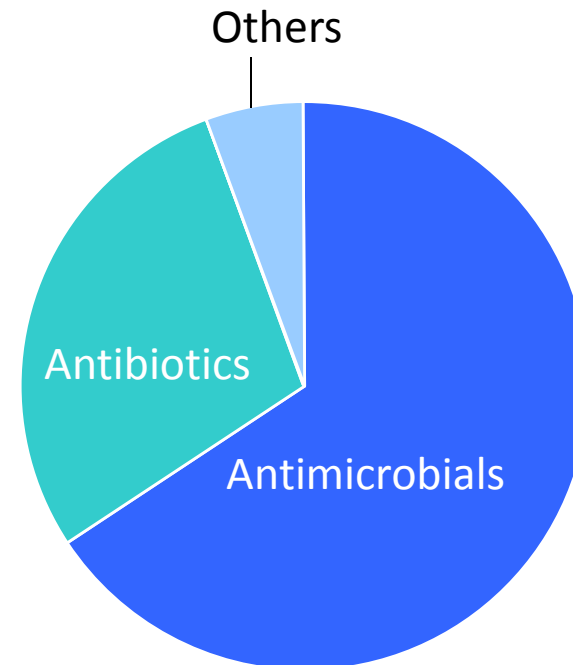
Triclosan and triclocarban are the most abundant PPCPs in sludge

TCS & TCC: Key Sludge Pollutants



Compounds

TCS and TCC are only two of 72 drugs monitored by EPA Method 1694



Mass

Yet, these two antimicrobials account for >60% of the **mass** of all drugs detectable in sewage sludge

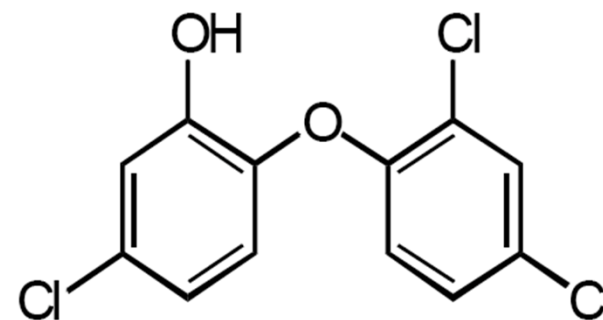
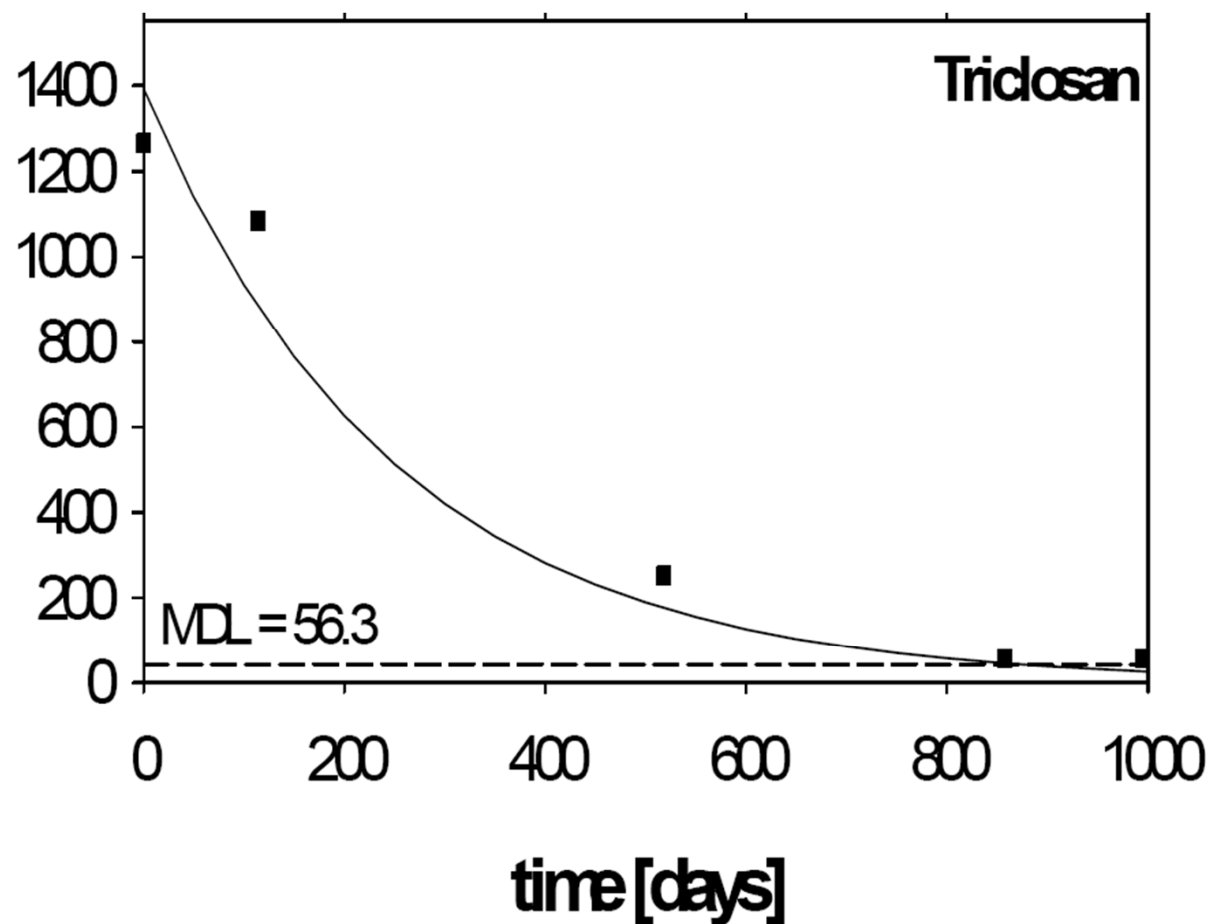
Contaminated Land



Approximately
140,000 lbs/yr of
Triclosan and
290,000 lbs/yr of
Triclocarban are
applied inadvertently
on U.S. agricultural
land as a result of
sewage sludge
disposal

This presents a pathway for
contamination of food with
antimicrobials and drug-
resistant microbes

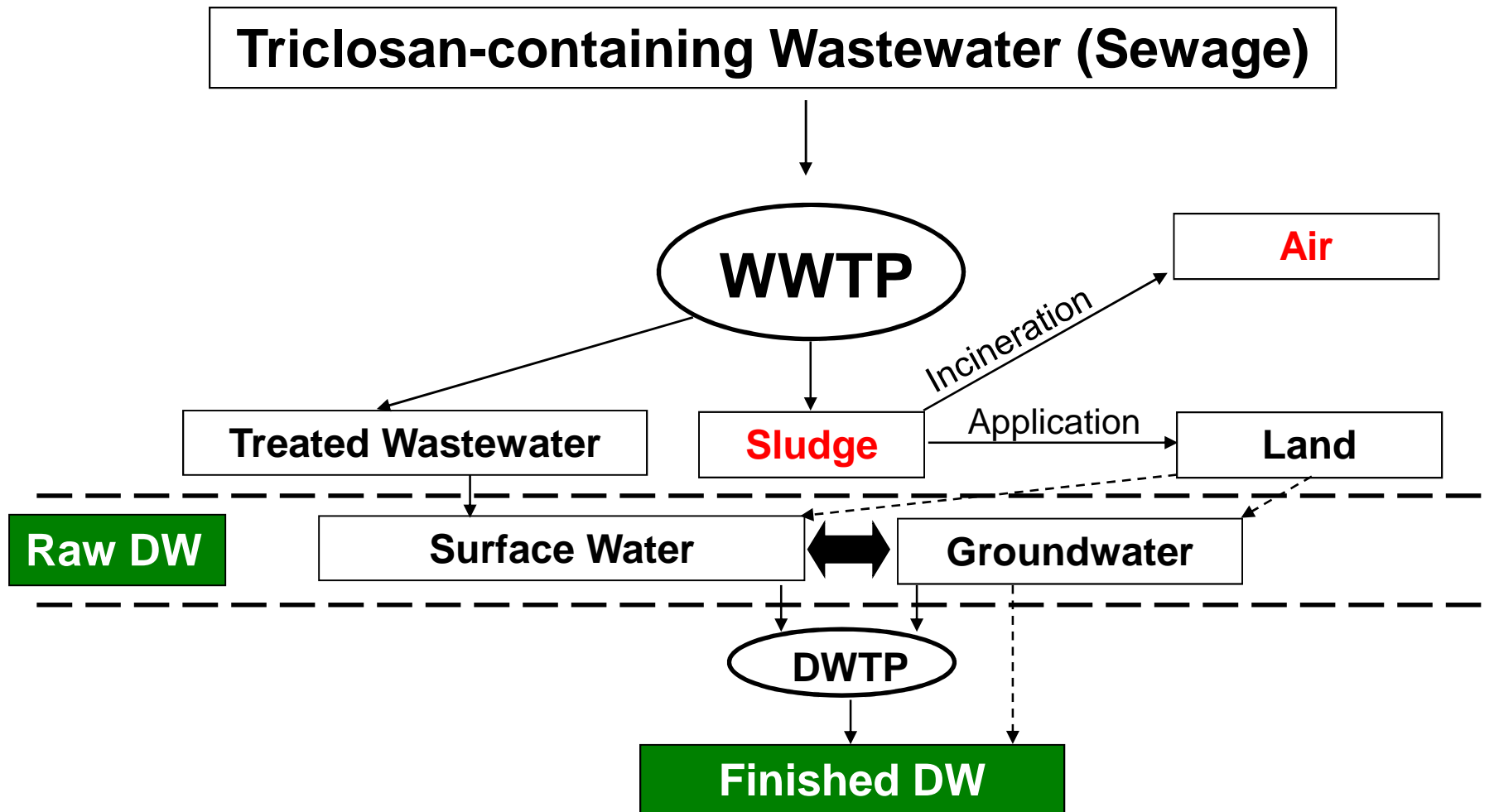
Triclosan Exhibits Half-life of 0.5 Years in Agricultural Soil



$$t_{1/2} = 188 \text{ d}$$

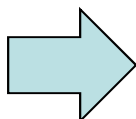
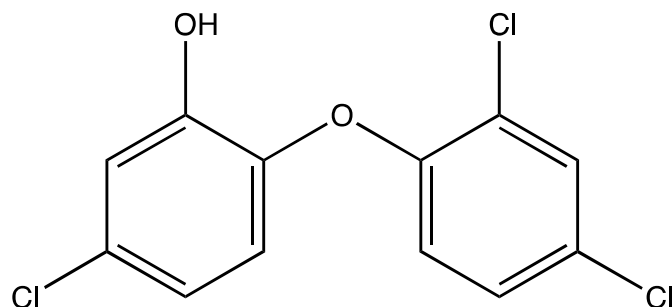
$$R^2 = 0.98$$

(During this study, no measurable loss of triclocarban was observed)

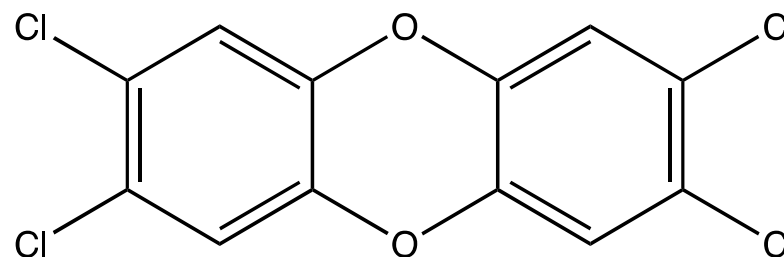


The Dioxin Link

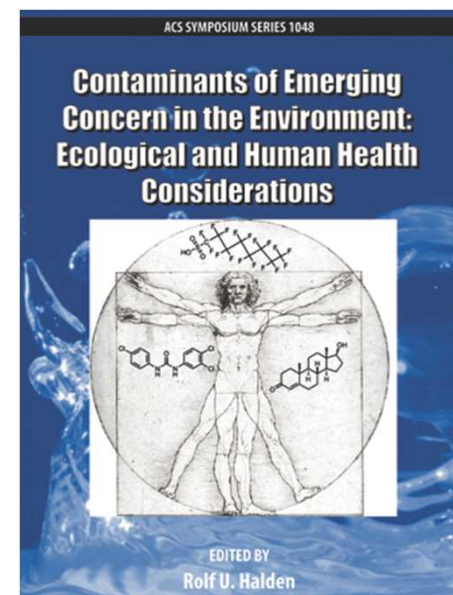
Triclosan (TCS)



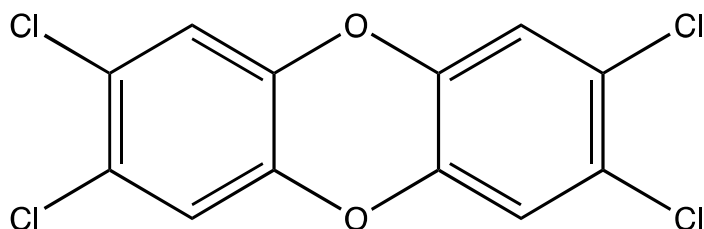
Toxic Dioxin (TCDD)



Traces of toxic dioxin (TCDD) are present in commercial grade triclosan and additional dioxins can form during incineration



Triclosan is a Precursor of Carcinogenic Dioxins



Incineration of sewage sludge contaminated with triclosan and its derivatives is suspected to be a **major contributor to dioxin emissions in the U.S.**

Modeling results suggest that **triclosan accounts for at least 3.6% and up to 100% of dioxins** emitted from sewage sludge incinerators (which happen to be exempted from routine monitoring)



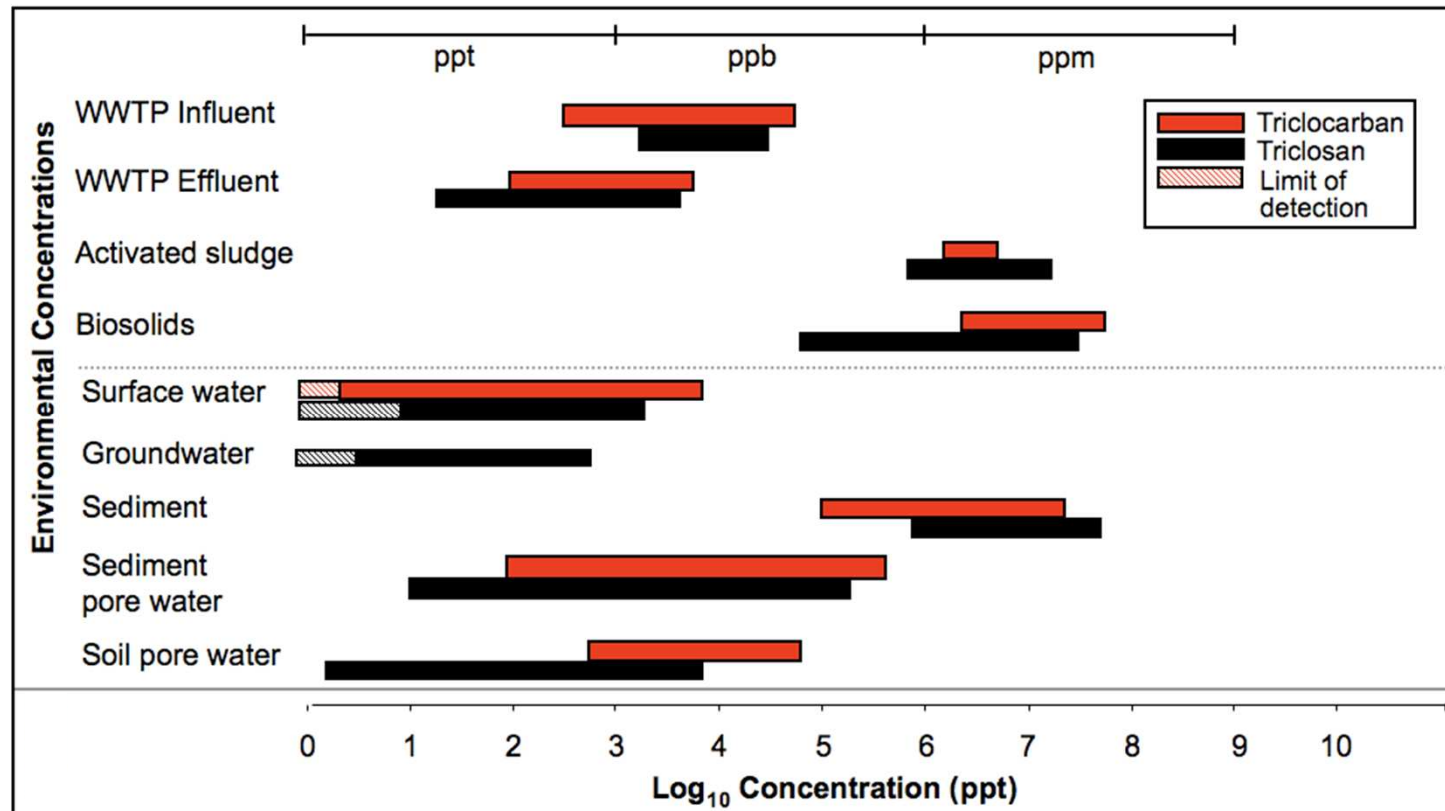
Doudrick et al. ACS Book (Halden, ed.) pp. 469-481 (2010)

Regulations

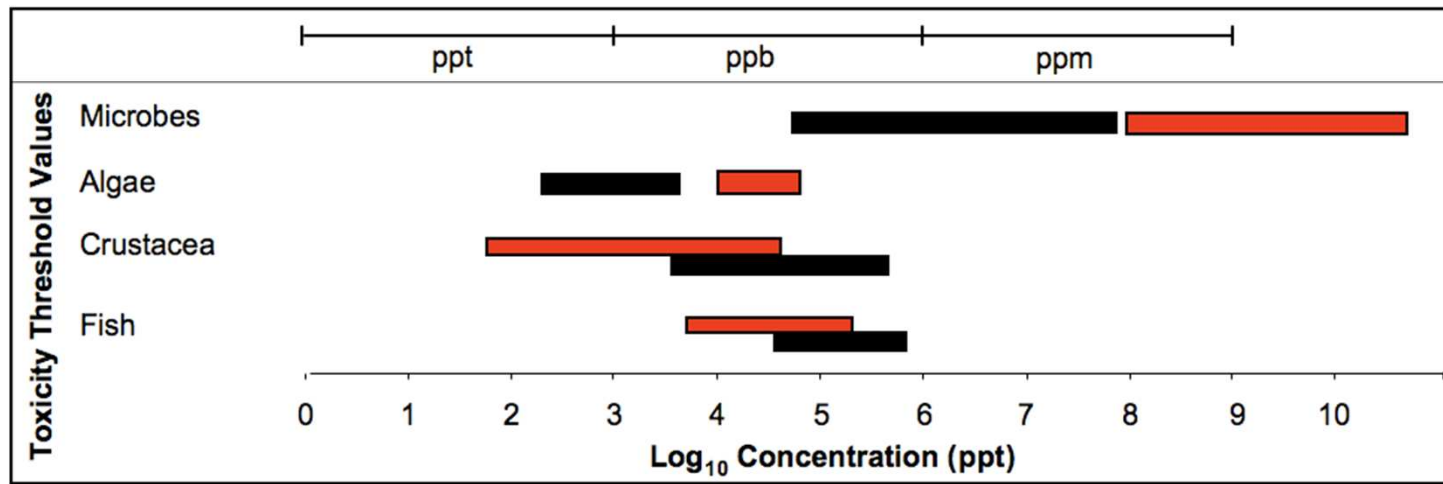


- No regulation of dioxins in sewage sludge incinerators
- Medical, municipal, and hazardous waste incinerators:
Regulatory range 0.2 to 2.3 ng TEQ/dscm
- EPA reported 6.87 ng TEQ/kg sewage sludge incinerated
- At avg. exhaust 8 m³/kg sludge, this is equivalent to 0.86 ng TEQ/dscm
- **3 Times** the lowest standard for other incinerators!

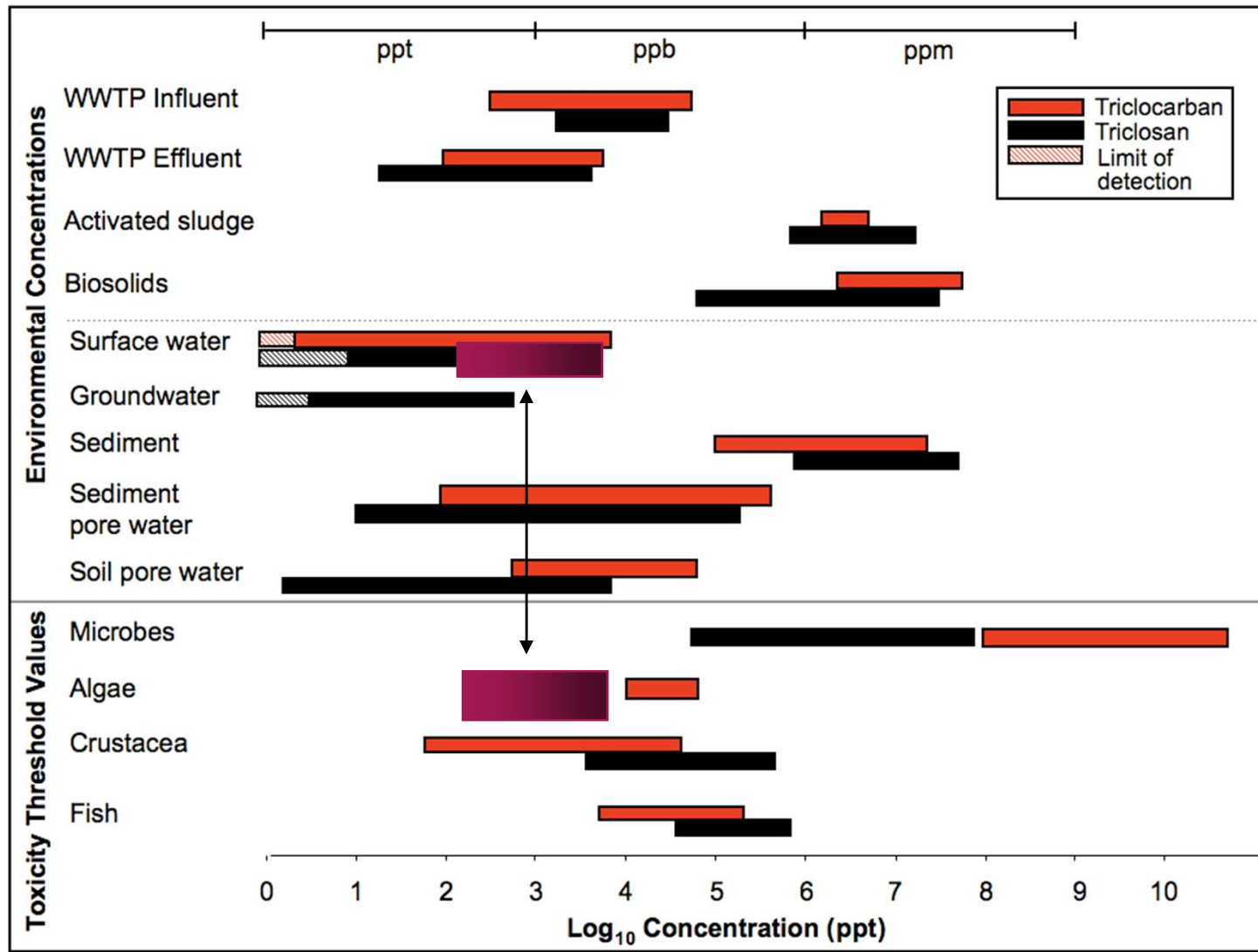
Environmental Occurrences



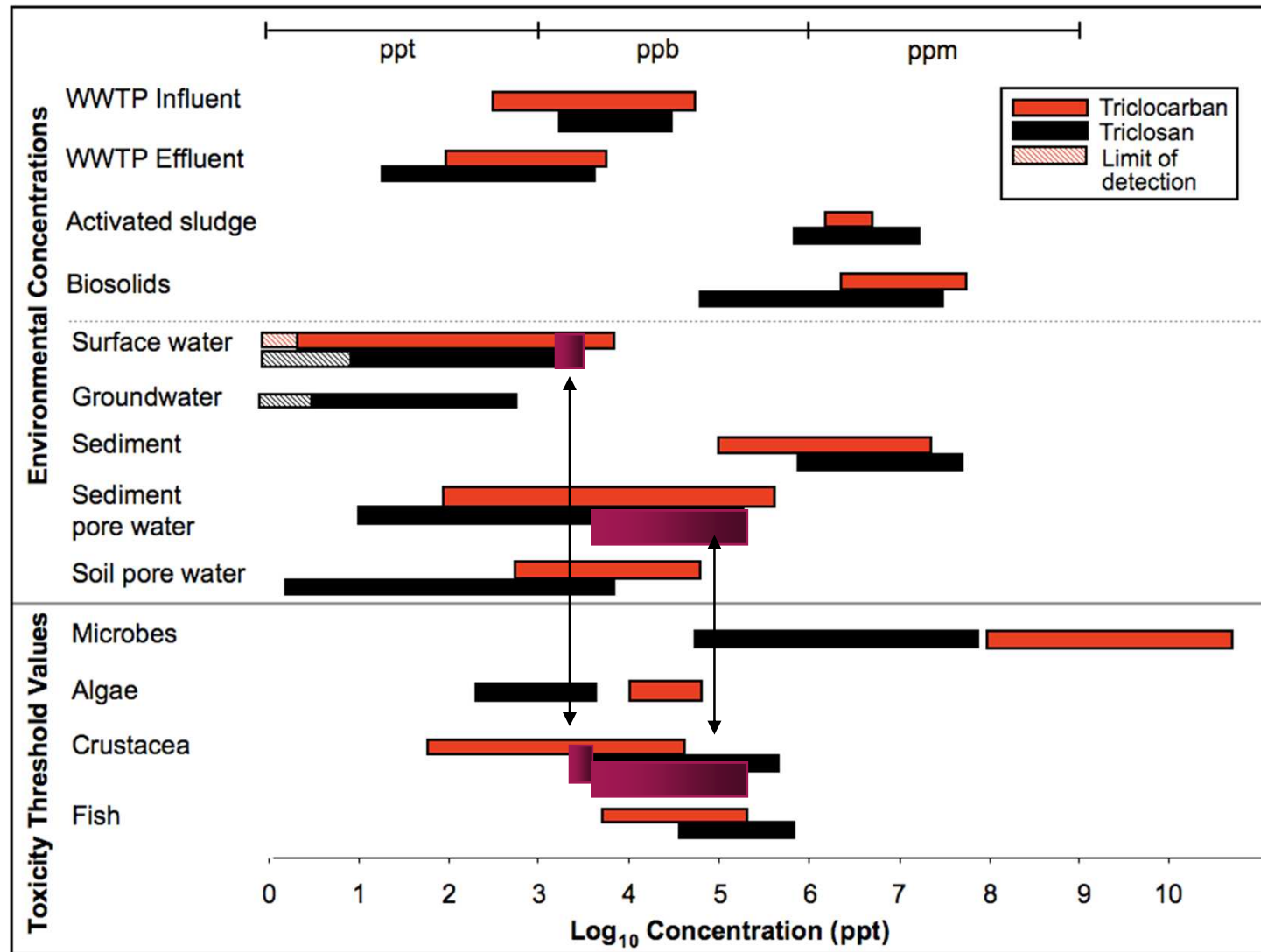
Toxic Threshold Values



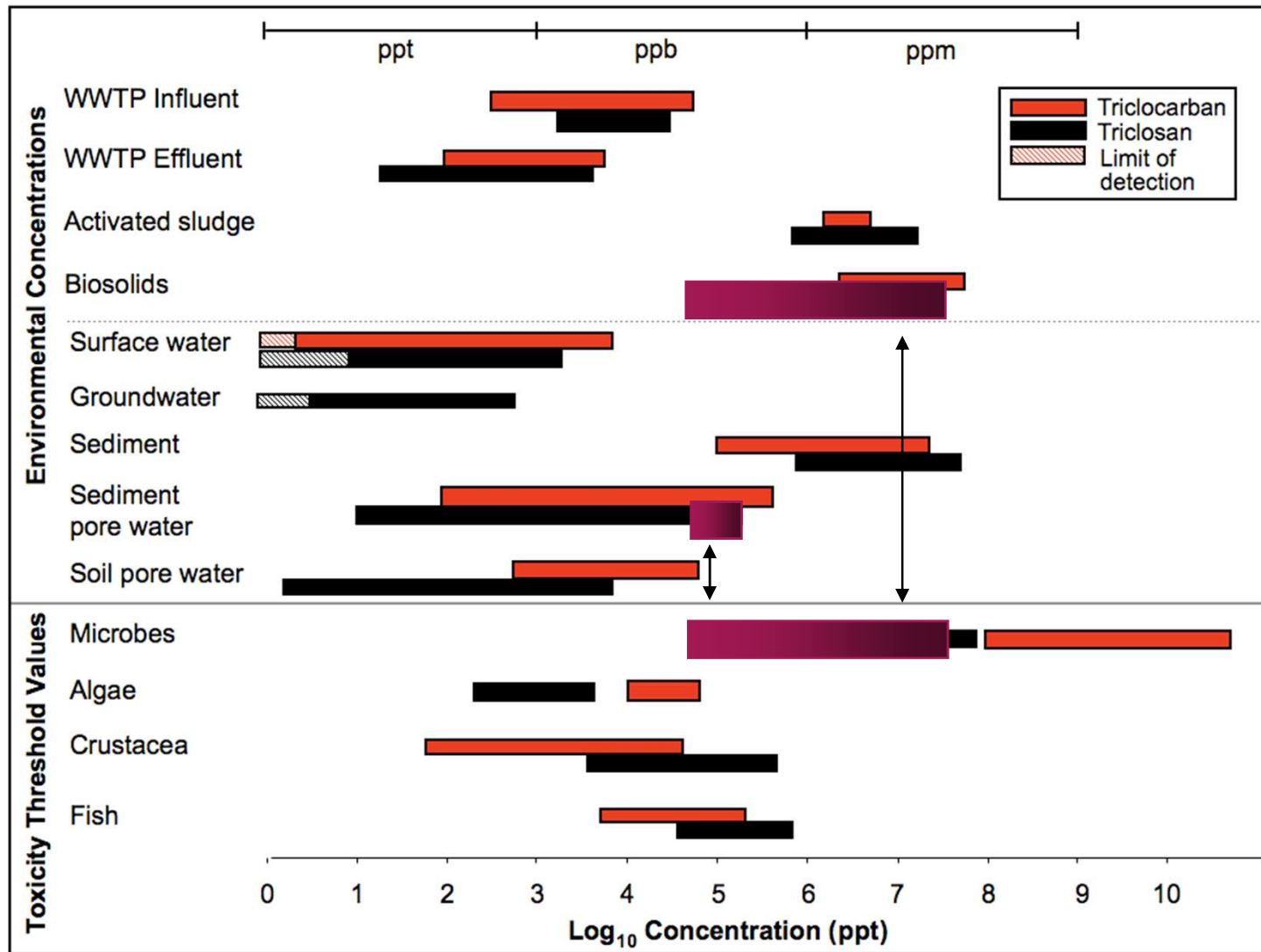
Toxic Levels: Algae in Surface Waters (Triclosan)



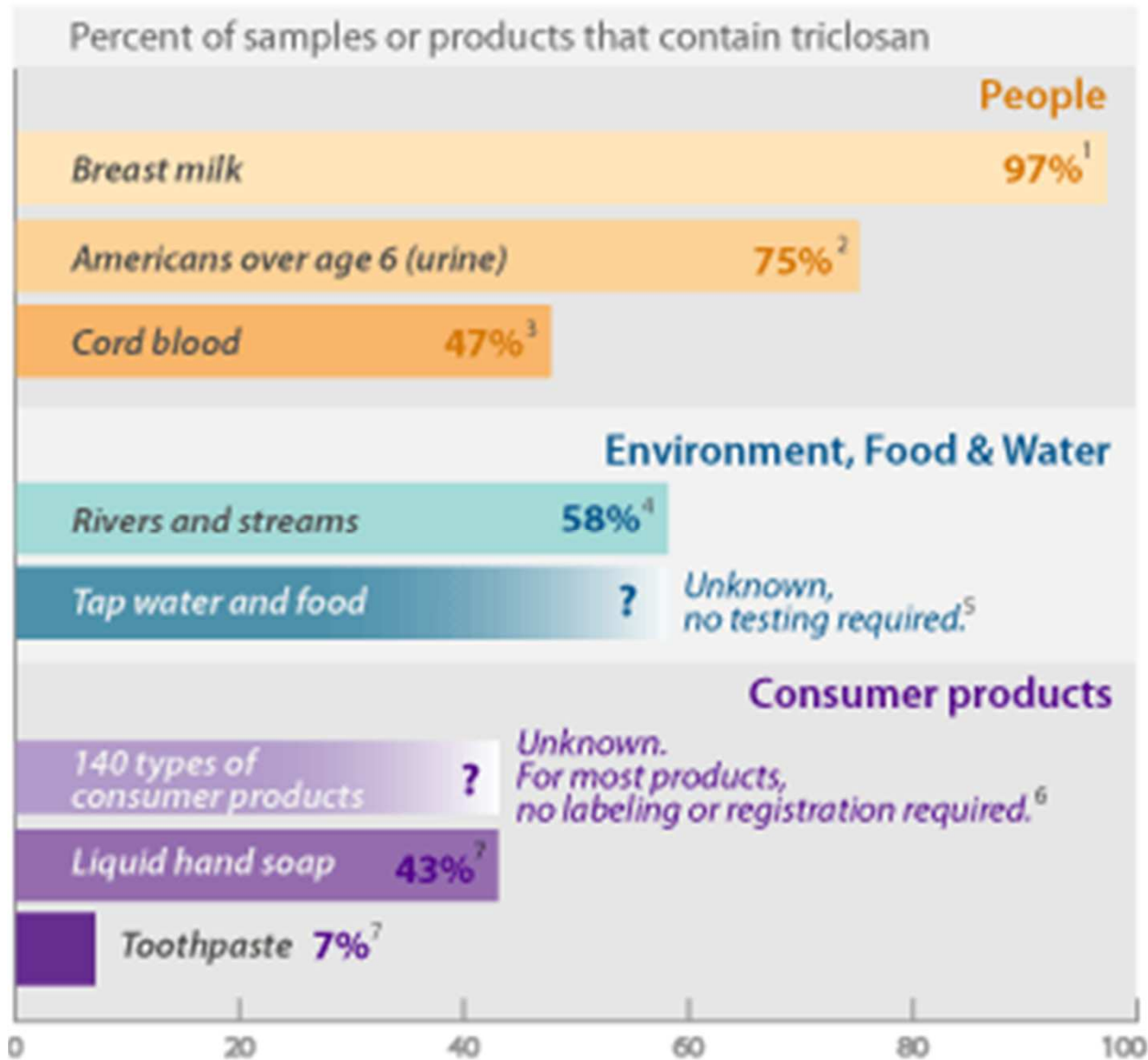
Near-Toxic and Toxic Levels for Crustaceans: Triclosan in Surface Water and Sediment Pore Water



Toxic Levels for Microbes: Triclosan in Sediment & Biosolids



Human Exposure & Health Risks



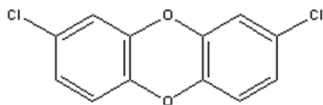
Source: Sutton, 2008

- 1974** **Tentative** Final Monograph (TFM)
Evidence lacking for Triclosan safety and effectiveness
- 1978** Meeting to discuss effectiveness testing
Claims may be misleading to consumers
- 1994** Removal of antibacterial soaps from drug category
Proliferation is not a problem
- 1997** Recommended surveillance system for drug resistance
- 2005** FDA meeting to finalize "tentative final monograph"
- 2011** Congressional briefing on TCS (Halden, Aiello, Vikesland)
No proven benefit / Known human health & env. risks
- Now** After 37 years, TFM still not finalized

Prioritized Human Health Risks at a Glance

Degradates

(including chloroform)



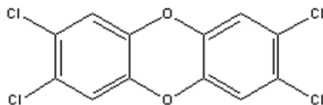
Persistent
Environmental
Contaminant



Cross-resistance
to Antibiotics



Impurities



Triclosan

Bioaccumulation



Air Pollution with
Dioxins



Endocrine Disruption



Conclusions

- Triclosan persists in the environment
- Ubiquitous contamination threatens some biota
- **Current use of antimicrobials is unsustainable**
- Exposure is certain – Risks are less well understood
- **Current regulations are ineffective**
- Ban of antimicrobials is feasible (e.g., hexachlorophene in 1970s)
- **Removal of TCS & TCC from personal care products would cut the loading of PPCPs to soils by >60%!**
- **Endocrine disruption, multi-drug resistance and air pollution drive risk & require more attention/research/regulation**

General Conclusions: Change Approach to Chemical Management

Don't:

- Wait
- Regulate compounds one by one
- Replace one type of organohalogen with another

Do:

- Regulate classes of compounds
- Consider degradability
- Engage the chemical manufacturing industry
- Take action now

Acknowledgements

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